

# ENRICHMENT



# CHECK LIST

## START HERE

- Food in towels- make a towel burrito, then do a basket full of burritos
- Food scatters - start on a floor then try the grass
- Food in snuffle mats
- Frozen treats or meals or in a variety of containers, you can advance to hiding containers
- Freeze food in ice cube trays, muffin tins, topple toys, Kongs, Etc.
- Lickables - lick mats are great, there are many DIY options see info below

## MORE PAPER IDEAS

- Wrap in Toilet Roll and Paper towel rolls fold the ends
- Wrap in paper, start with strong papers like postal wraps and brown paper bags
- Place in open egg carton, then close at graduating difficulty using tape etc.
- Hide in boxes, inside boxes, all of the above can go in a box.

## MORE PLASTIC / SILICON ETC

- Food in plastic bottles - cut additional holes to make easier to start, make spin options
- Produce containers - cut additional holes to make easier to start
- Stuff store bought puzzles such as the Topple Toy, Kong, Starmark Balls, Etc.
- Small meals or treats in containers hidden; boxes and all kinds of plastic containers

## MORE LICKABLES

- Any lick mat or pot holder with ridges, bumps etc... to-go containers or cracker/candy inserts
- Balance disks have ridges and it's a great training tool for heel work and canine conditioning

## MORE DIY

- Use Muffin Tins, Ice Cube trays, etc. with safe objects on top to remove for food
- Stash treats wrapped in fabric in paper + plastic tubes as a game for your pup
- Make a maze for your Pup to follow
- Digging in dirt, sand, snow - create hides
- Play as enrichment - Flirt poles, bubbles, dog friends, fetch, tug, hide & seek, blanket game
- Environment - Hiking, Scenting/Sniffari, Finding
- Water - Swimming & exercise, sprinkler games
- Relaxation Protocols / Mat work as enrichment
- And perhaps the most enriching in so many ways — Training Time !!!

NEVER LEAVE A DOG UNATTENDED WITH ENRICHMENT— SEE ALL CAUTIONS ON PAGE 2!



THE PUPPY CARE COMPANY

# ENRICHMENT Safety

When offering enrichment, ALWAYS monitor your dog. When they are trying anything new, you must be in the same room watching & listening.

Take time to explore what works for you and your pup. Toys that are safe for some dogs may not be safe for others. Observe, monitor, and research which treats, toys, and enrichment ideas work for your pup. Avoid frustration, go slow...read the details in [The Canine Enrichment Guide](#).

## BE EXTRA CAUTIOUS IF:

- 🐾 they are a puppy / still learning appropriate chew habits
- 🐾 they are destructive chewers (you can find specific options)
- 🐾 they have resource guarding tendencies

## YOUR DOG'S SAFETY IS YOUR RESPONSIBILITY.

- Closely supervise until you're confident your pup is safe with any enrichment offering.
- Choose or create puzzles that are the right size, shape and style for your pup.
- Make sure things are large enough that they cannot be swallowed/ingested.
- Separate pups who resource guard and give them individual enrichment.
- Be specific about set-ups to avoid increasing unwanted scavenging behaviors.
- Make sure they do not ingest non-edibles like the fabric, paper, or plastic.
- Toys and chews may be made of ingredients that are not good for your pup.
- Make sure they do not swallow or choke on pieces of a bully stick, hoof, bone, etc.
- Pups can cut the inside of their mouth from the shards of a hoof.
- Use a straw to create a hole when stuffing and freezing a Kong to prevent suction issues.
- Pups can swallow a plastic eye from a stuffed kid's toy
- Pups can break a tooth from a hard surface like an antler or cheese chew.

## THE MOST IMPORTANT THING TO REMEMBER

⚠️ NEVER LEAVE A DOG UNATTENDED ⚠️  
MONITOR CHOKING HAZARDS



THE PUPPY  
CARE COMPANY